



COACH 1 - MENTOR TASK SHEET

Mentors must be an Active/Current English Coach 2 or higher and be approved by the Provincial Equestrian office.

Dear Mentor,

Thank you for further supporting the Coaching System by guiding the development of this candidate.

We ask that you fill in the following checklist upon completion of their skill development with you.

By signing your name to this document, you are declaring that you have mentored and guided this candidate and that in your opinion, he/she is now prepared to successfully complete the Practical Assessment. Please keep in mind that the Mentored hours is a minimum guideline. Depending on experience, some candidates may require further mentoring in order to be able to coach to the required standard.

Please initial areas that you have covered with candidate:

_____ 10 HOURS AUDITING LESSONS

_____ 10 HOURS PRACTICE TEACHING

_____ SAFETY (awareness, managing training environment, ability to multi-task, ability to be multi-visionary, ensuring the suitability of tasks)

_____ COMMUNICATION (rapport with students, listening skills, clear communication of thoughts for ages and abilities, voice projection, motivation and enthusiasm, questioning skills)

_____ PROFESSIONALISM (displays appropriate coaching behaviours and attitudes, empathy, respect, sincerity, etc.)

_____ ORGANIZATION (time management and punctuality, lesson planning-pre-lesson, delivery and reflection, sequential skill development)

_____ KNOWLEDGE (technical knowledge - aids, etc., identifying goals-small and large, flexibility to meet individual needs)

_____ STABLE MANAGEMENT (conformation & unsoundness, feeding, safety (barn & stable), stable construction, shoeing, tack, equipment & fitting, etc.)

_____ BANDAGING (stable, shipping, tail, first-aid)

_____ LUNGEING (exercise for horse)

_____ LUNGEING (with a rider for coaching purposes and positional corrections)

Mentor Name: _____ EC #: _____

Signature: _____ Date: _____

Please return completed form to the Nova Scotia Equestrian Federation
5516 Spring Garden Road, 4th Floor, Halifax, NS B3J 1G6
Phone 902-425-5450 ext. 333 - Fax 902-425-5606