

The Nova Scotia Equestrian Federation's Athlete Performance Program serves as an investment in athletes who achieve significant and notable performance results by providing integrated sport science opportunities, training camps and discipline-specific technical support. Further, coach and parent support will be provided in area of yearly training plans, nutrition for athletes, and overall athlete support. Some financial support the upper tiers of this program may be available.

Nova Scotia Equestrian Federation will support eligible Performance Program athletes according to our program criteria and program budget available each year. If an athlete is awarded financial carding under the Sport Canada/Equestrian Canada Performance Funding Program or the Canadian Sport Centre Atlantic (CSCA) Athlete Support, they shall be included on the NSEF Performance list, but will not receive funding through the program.

**Appearance of your name on the NSEF Performance Program list does not guarantee funding.**

Athlete criteria:

- The athlete must be a member in good standing of Nova Scotia Equestrian Federation.
- The athlete must be a permanent resident of Nova Scotia, and if not a permanent resident, they must reside in Nova Scotia for 12 consecutive months. If the athlete is representing another Province/Territory, he/she will not be eligible for the program. Permanent Residence must remain within NS.
- At the time of application and funding by Nova Scotia Equestrian Federation, athletes must meet one of the NSEF Performance Program Tier Criteria Descriptions.
- The Nova Scotia Equestrian Federation Athlete Agreement must be signed by the athlete. A copy of the athletes' training plan signed by their Coach must be submitted to Nova Scotia Equestrian Federation.

The athlete should demonstrate commitment to competitive experiences that challenge her/his/their ability to perform and education/personal development in different facets of training/competition.

The athlete **must** attend a minimum of 2 Athlete Training Camps\* offered by Nova Scotia Equestrian Federation and are encouraged to bring her/his/their personal Coach (when applicable). The athlete must attend appropriate competitions and training camps to access some program services i.e. funding. \*Some exceptions may apply.

Athlete Training Camps/Performance Initiatives:

Nova Scotia Equestrian Federation offers various Provincial opportunities for Performance athletes identified each year. *Note that Provincial opportunities are subject to change.*

EVENT	
<b>Training Camp #1:</b>	Fall 2021
<b>Weekly Strength and Conditioning</b>	October 2021 – March 2021
<b>Training Camp #2:</b>	January 2022
<b>Training Camp #3:</b>	March 2022
<b>Other Sessions</b>	Virtual mini sessions

Application Process:

- 1) The Athlete will complete and submit the application requirements by the May 20<sup>th</sup>, 2021 deadline.
- 2) Upon review of the application, athletes will be placed into the tiered program accordingly. Acceptance in the program is limited. Spaces will be filled starting with the International Performance tier, proceeding through the tiers until all spaces are filled.
- 3) If applicable, Athletes will be provided with their 2021 funding upon completion of the program requirements and confirmation of 2021 results as outlined in the program requirements (distributed March 2022).
- 4) In early 2022 athletes will be directed to the application process for the following year or provided the current tier Athlete Agreement.

**Nova Scotia Equestrian Federation reserves the right to withhold program supports including financial support and/or funding if an athlete's training situation is not acceptable, cannot be verified, or changes.**

## Performance Program 2021 Criteria & Support Tiers

(subject to change based on program funding and access)

	Criteria* - Qualification; Development, Open, Invitational		Integrated Sport Science (ISS) Services	NSEF Athlete Training Camp	Athlete Funding	Coach Professional Development***
<b>International Performance</b>	National Team/ International Championships athlete with <b>NSO Score-based declared</b> qualification process that do not result in Support4Sport Funding;	i.e. EC Team Canada, NAYR, WEG, NRHA National Affiliate Final (Youth, Non-Pro, Rookie Pro), NRHA Youth 14-18 Top Ten Ranking with placings that do not result in Support4Sport Funding	Fitness Testing, Individual Access to Mental Performance Services, Nutrition	Fully Funded	By Application	Fully Funded to attend NSEF Coach Symposium  Other PD by Application – Restrictions Apply
<b>International Development</b>	National/Eastern Canadian Designated Championships with NSO/NSEF Score-based declared athlete qualification process;	i.e. NRHA Eastern Canada Regional Affiliate Finals (Youth, Non-Pro, Rookie Pro); Eastern Canadian Eventing Championships, CET Medal Finals; JC Anderson Legacy Medal National Finals	Fitness Testing, Individual Access to Mental Performance Services, Nutrition	Fully Funded	By Application	Fully Funded to attend NSEF Coach Symposium  Other PD by Application – Restrictions Apply
<b>National Performance</b>	International/ National/ Eastern Canadian Designated Open Championships whereby athlete achieves <b>top 3 results</b>	i.e. Royal, USEF Pony Finals, CPC National Championships, CET Medal Regional Finals	Fitness Testing, Group Mental Performance & Nutrition Services	75% Funded	By Application	50% Funded to attend NSEF Coach Symposium  Other PD by Application – Restrictions Apply
<b>National Development</b>	Prospects - Athletes under the age of 25 who have demonstrated an ability to excel at the national team level		Fitness Testing, Group Mental Performance & Nutrition Services	75% Funded	By Application	50% Funded to attend NSEF Coach Symposium  Other PD by Application – Restrictions Apply
<b>Provincial Performance</b>	International/ National/ Eastern Canadian Designated Open Championships whereby athlete qualifies <b>and</b> competes	i.e. Royal, USEF Pony Finals, CPC National Championships, CET Medal Regional Finals	Fitness Testing, Group Mental Performance & Nutrition Services	50% Funded	By Application	25% Funded to attend NSEF Coach Symposium  Other PD by Application – Restrictions Apply
<b>Provincial Development</b>	NSEF-Designated Atlantic Championships whereby athlete achieves <b>top 3 results</b>		Group Mental Performance and Nutrition Services	25% Funded		PD by Application – Restrictions Apply
	NSEF-Designated Atlantic Championships whereby athlete qualifies and competes or NSEF-Designated Provincial Championships <b>whereby an athlete medals</b> i.e. Scotia Series			25% Funded		

\* At the discretion of the NSEF Performance Program Committee.

\*\*Athletes who compete in multiple-level events will be considered at their highest Performance Program level.

\*\*\*Funding Availability will be dependent on Performance Program Budget and Program Participant Numbers



**2021/2022 Athlete Performance Program Application & Agreement**

Application Deadline: May 20<sup>th</sup>, 2021

Name: \_\_\_\_\_ NSEF#: \_\_\_\_\_

Email address: \_\_\_\_\_

Primary Phone: \_\_\_\_\_ Secondary Phone: \_\_\_\_\_

Coach's Name(s): \_\_\_\_\_

2019 & 2020 Highest Competition Level: \_\_\_\_\_

Current (2021) Year's Goal Competition Level: \_\_\_\_\_

Please explain your discipline's current pathway to High Performance Competition (Additional documentation or a chart can be attached) and how your current year's plans fit into that pathway:

\_\_\_\_\_

\_\_\_\_\_

\_\_\_\_\_

As the NSEF Performance Program allocation process is determined from various factors, including your **highest level results**, the following must be submitted with this application. Failure to submit or complete this application may exclude you from the program.

**All Athletes**

1. **2019 & 2020 Results and Accomplishments:** attach official 2019 & 2020 results documents, including class entries (i.e. USEF, FEI, NRHA, EC)
2. Athlete High Performance Goals: please complete the following goal chart:

<b>OUTCOME GOAL(S)</b>			
	Example: Competing at International Competition A by 2022		
<b>PERFORMANCE GOALS</b> <small>(meeting these goals puts you in the BEST position to meet your outcome goal(s))</small>			
	Example: Competing at x height/level/speed by 2021	Example: Competing at National Championships by 2022	Consistently scoring 65-69% or 0-4 faults or x speed at competition
<b>SHORT TERM GOALS</b> <small>(may be the same as performance goals)</small>	2021	2022	2023

**Athletes in the National Development Tier and above:**

Please attach 2021 Yearly Training Plan

**Athlete Expectations**

- a) Be a member in good standing with the Nova Scotia Equestrian Federation
- b) The athlete must demonstrate commitment to:
  - Competitive experiences that challenge the athlete's ability to perform;
  - Education and personal development in different facets of training/competition.
- c) Athletes must attend **a minimum of two** NSEF Performance Program initiatives (some exceptions may apply);
- d) At the earliest possible date, notify the NSEF in writing of any injury or other legitimate reason that will prevent the Athlete from fulfilling any obligations under this Agreement;
- e) Behave in a courteous and respectful manner and adhere to at all times, the Association's rules, regulations & policies including codes of conduct;
- f) Consent to the NSEF using, without charge, the Athlete's image, name, nickname, likeness or other identifiable attribute to promote the NSEF's programs including but not limited to marketing & promotion.
- g) Submit official competition results.
- h) Wear Athlete Performance Program attire to all Athlete Performance Program sessions.

**Liability for the Association and Athlete Indemnification**

The Athlete hereby:

- a) Acknowledges that the sport of equestrian is potentially dangerous and that there are risks, dangers and hazards inherent in competition and in training, and in preparing for and traveling to and from such competition and training. The Athlete acknowledges that he or she will be undertaking all activities pursuant to this Agreement at his or her own risk and agrees to assume all risks associated with, and incidental to, the Athlete's participation in training and competition as a member of the NSEF Performance Program;
- b) Agrees to indemnify and hold harmless the Association and its directors, officers, employees, contractors, volunteers and agents from and against any and all liability, claims, losses, damages, and expenses which the Association may suffer or incur as a result, directly or indirectly, of any activity undertaken by the Athlete pursuant to this Agreement. This indemnification will survive any termination or expiry of this Agreement.

***By signing this application, I understand that the NSEF Performance Program is more than a funding source and includes an athlete agreement outlining my responsibilities to be eligible for the program. I confirm that I have signed this Athlete Application and Agreement voluntarily and with full understanding of the requirements.***

Signature of Applicant: \_\_\_\_\_ Date: \_\_\_\_\_

Name and Signature of Parent/Guardian if under 19: \_\_\_\_\_

Printed Name	Signature	Date
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**Media Release**

**By signing this application, I give my expressed consent for the NSEF to use media of myself/my child/ward, including but not limited to photo, audio, and video. NSEF may use the media for promotional content, including but not limited to social media, weekly e-news, annual NSEF Newsletter, program materials, or website.**

Signature of Applicant: \_\_\_\_\_ Date: \_\_\_\_\_

Name and Signature of Parent/Guardian if under 19: \_\_\_\_\_

Printed Name	Signature	Date
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