

Competition Coach

Programs Currently Available: English (*Coming soon: Competition Coach Western & Saddleseat; Competition Coach Specialist English & Western; High Performance Coach Dressage, Eventing, Jump or Reining.*)

Description:

The Competition Coach certificate is the first level of the new Competition Coaching certificates. At the initial coaching level – Competition Coach- coaches work with both competitive and non-competitive riders, and specialize in preparing riders in the beginning to intermediate levels for competition and more advanced training. Following Competition Coach coaches can work towards Competition Coach Specialists and High Performance Coaching.

Pre-requisites

1. Be 18 years of age
2. Current EC Gold sport license and coaching levy, and NSEF/PSO membership.
3. Signed EC Coaching Code of Conduct and Ethics (Available through the NSEF).
4. Current Standard First Aid with CPR from a recognized source
5. Recent Criminal Records Check (including Vulnerable Sector)
6. Rider Level 8 (English)/Basic Training (General Component - Western) or equivalent (Canadian Pony Club B or above is an example)

Preparatory Training Available

1. Equestrian Theory A (2-day) course
2. Competition Coach Theory (3-day) course
3. Mentoring hours with an EC certified coach mentor (no longer mandatory, but strongly suggested that you book some time with a mentor to help prepare you for the evaluation experience and requirements). NSEF has a list of those who are available in Nova Scotia.

Evaluations (Pass required)

1. Making Ethical Decisions (MED)- free, available online (This is taken after the Theory Course unless you already have an NCCP coaching number)
2. Competition Coach Evaluation (1-day) – Please contact the NSEF to set up the evaluation.

Maintaining Certified Status

1. Maintain relevant memberships and coaching fees
2. Keep your First Aid and Criminal Records Check current (usually must renew First Aid every three years, and Criminal Records Check every 5 years.)
3. Fulfill professional development requirements (usually 20 hours during a three-year period and attend a provincial update at least once every 2 years – the provincial update will also count towards updating hours).

Apply for Coach Certification

For further information or to apply for EC/NCCP Courses or Evaluations, contact NSEF.